

Refer a patient

The Accessible Care Pregnancy Clinic accepts referral from inside and outside of Sunnybrook, across Ontario. Referring practitioner can be any physician including family physicians, obstetricians, neurologists, physiatrists, orthopedic doctors, neurosurgery, rheumatology, pain specialists; as well as nurse practitioners and midwives.

Phone:

416-480-5367

Fax:

416-480-5616

Website:

sunnybrook.ca/accessiblepregnancy

(referral on website)



Sunnybrook Health Sciences Centre

DAN Women and Babies Program

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Fully affiliated with the University of Toronto



Sunnybrook
HEALTH SCIENCES CENTRE

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Accessible Care Pregnancy Clinic (ACPC)



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About the Accessible Care Pregnancy Clinic (ACPC)

Sunnybrook's Accessible Care Pregnancy Clinic is a specialized clinic that provides care for people with physical disabilities who are pregnant or want to get pregnant. The clinic welcomes people with both visible and non-visible physical disabilities. We recognize that some disabilities can present differently at different times, and can be unpredictable in nature. Our clinic is committed to being fully accessible to all patients, including those who use mobility devices or aids.

About our care

We give people individualized, and comprehensive care including preconception planning, pregnancy care, labour and delivery care, and postpartum care during your admission after you have your baby.

Sunnybrook's team of health care providers understands that every pregnant person is different and works together to make a pregnancy care and birth plan that is based on your needs.

Some examples of people we see in our clinic include those with:

- Trauma from motor vehicle and other accidents
- Spinal cord injuries
- Head and brain injuries
- Bladder and/or bowel injuries and reconstruction
- Chronic pain
- Use wheelchair or other mobility aid devices, or experience decreased mobility
- Limb differences
- Cerebral Palsy
- Spinal Bifida
- Myasthenia Gravis
- Multiple Sclerosis
- Neuromuscular disorders
- Ehlers-Danlos Syndrome
- Skeletal differences/persons of short stature
- Rheumatologic and connective tissue disorders
- Pelvic fractures

Services we provide

- Preconception counselling
- Pregnancy care
- Option for consultations, or shared-care model to facilitate care for people travelling from a long-distance
- Fetal/Obstetrical Ultrasound department in the same location as the Accessible Care Pregnancy Clinic
- Routine postpartum care
- Referral to other medical specialists, as needed
- Team with Registered Dietician, Social Workers, and Lactation Consultants for breastfeeding supports
- Appointments scheduled with extra time

The clinic offers a physically accessible space and mobility aid equipment such as:

- Accessible washrooms
- Accessible Birthing Unit and rooms to accommodate mobility devices for during hospital stay
- Wheelchair accessible scale
- Height adjustable stretchers
- Step stool
- Hoyer and ceiling lifts

We encourage and welcome your support persons during appointments.